Broad overview of the South African Child Gauge 2019

The South African Child Gauge® is published annually by the Children’s Institute, University of Cape Town, to monitor progress towards realising children’s rights. This issue focuses on child and adolescent health – reflecting on progress and setting an agenda for 2030 to ensure that South Africa’s children not only survive but reach their full potential.

PART ONE: Children and Law Reform

Part one outlines recent legislative developments that affect the lives and rights of children. This issue comments on the National Health Insurance Bill, State Liability Amendment Bill, Control of Tobacco Products and Electronic Delivery Systems Draft Bill, Control of Marketing of Alcoholic Beverages Draft Bill, Carbon Tax Act, draft Climate Change Bill, Child Justice Amendment Bill, Customary Initiation Bill and the Traditional Courts Bill.

See pages 14 – 29.

PART TWO: Child and adolescent health – leave no one behind

Part two presents twelve chapters focusing attention on child and adolescent health. It consolidates the latest research evidence, reflects on current and emerging challenges and showcases examples of promising practice. The first two chapters reflect on recent progress and motivate for a life course approach and greater investment in the health and educational sectors to disrupt the intergenerational cycles of violence, poverty and malnutrition. Chapters three and four identify key opportunities to intervene in the first 1,000 days of life and again in adolescence. The following five chapters focus attention on current and emerging challenges including children with disabilities and long term health conditions, the growing burden of violence and injury, child and adolescent mental health, undernutrition and the growing burden of childhood obesity, and environmental health and climate change. The final chapters consider what is needed to develop a more child-centred, resilient and responsive health care and a workforce for child systems health.

See pages 30 – 211.

PART THREE: Children Count – The numbers

Part three updates a set of key indicators highlighting drivers of child and adolescent morbidity and mortality and disaggregates data to make visible inequalities in children’s health, living conditions and access to services. The indicators are a select subset taken from the website www.childrencount.uct.ac.za.

See pages 212 – 254.

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